

# Not all abuse is physical.

If you suspect domestic abuse but  
don't want to reveal your identity,  
tell us what you know.

[crimestoppers-uk.org](https://www.crimestoppers-uk.org)



#YOUARENOTALONE



For women and children.  
Against domestic violence.



**Respect**  
Phoneline



employers'  
**initiative**  
on domestic abuse

You can speak up and remain  
100% anonymous. Always.

**#Youarenotpowerless**

**CrimeStoppers.**

**0800 555 111**

100% anonymous. Always.

# Not all abuse is physical.

Adults and children can all be victims of domestic abuse. Adults, no matter what their gender or sexual orientation, can be perpetrators of abuse too. Domestic abuse is the misuse of power and control over one person by another. It can take many different forms including:

- Emotional
- Psychological
- Sexual
- Financial
- Physical
- Verbal

Everyone has the power to do the right thing, change their abusive behaviour or make the call. If someone is in immediate danger call 999. If you don't want to reveal your identity and suspect domestic abuse, call the charity **Crimestoppers** on **0800 555 111** or complete our anonymous online form [crimestoppers-uk.org](https://www.crimestoppers-uk.org).

If you think your behaviour is crossing the line into abuse call the **Respect Phonenumber** on **0808 8024 040**

If you are a female victim of domestic abuse call **Refuge's National Domestic Abuse Helpline** on **0808 2000 247**

If you are a male victim of domestic abuse call the **Men's Advice Line** on **0808 8010 327**

Alternatively you can call the **LGBT+ Domestic Abuse Helpline** on **0800 999 5428**

**CrimeStoppers.**  
**0800 555 111**  
100% anonymous. Always.