

Dear Parents and Carers,

Every November schools throughout the United Kingdom take part in Anti-Bullying Week. This is an opportunity to shine a spotlight on bullying and consider the steps we can take together to stop it. Anti-Bullying Week 2024 is taking place from Monday 11th to Friday 15th November this year and it has the theme 'Choose Respect'. At St Mark's this forms an important part of our PSHE curriculum. The children will take part in many activities during the week, which are detailed below:

Monday	AntiBullying Alliance assembly - Choose Respect
Tuesday	Odd Socks Day (Celebrating uniqueness) Please come to school wearing odd socks, the brighter, the better!
Wednesday	YrR - Cinema at school KS1/2 - Cinema Trip with IntoFilm Festival (See separate letter for details)
Thursday	NSPCC Antibullying assembly and activities Online Safety sessions
Friday	"Make Life Lighter" for Children in Need - wellbeing focus. Please come to school in comfortable clothes and bring £1 for Children in Need.

As well as the above activities, each class will undertake a series of PSHE SCARF lessons, focusing on friendship and feelings.

Ruby Class YrR	Emerald Class Yr1/2	Sapphire Class Yr3/4	Diamond Class Yr5/6
I'm special, you're special I am a friend Looking after my friends I am caring	Being a good friend Types of bullying Don't do that! Bullying or teasing?	Friend or Acquaintances What would I do? Under pressure How dare you	Advertising Friendships Ok to be different We have more in common than not
Online Safety			
Keeping safe online	Playing games	Picture wise	Think before you click To share or not

We have included a parent's guide for further information about how to talk with your child about bullying and positive relationships. If you have any questions please do not hesitate to contact us.

Kind regards

Mrs Smith