

Dear Parents/Carers,

Please look out for an Eat Them to Defeat Them Reward pack which will be coming home with your children today. It is a campaign called Veg Power to encourage children to eat/try more vegetables.

In the pack is a sticker reward chart, stickers and some more information. The Lunchtime staff will be encouraging the children to eat their vegetables and handing out stickers to those children who try new vegetables or eat them all at lunchtime.

Please see the website [Eat Them to Defeat Them](#) for more information.

With kind regards

The St. Marks Team