



St Mark's C.E. Primary School

Queens Road
Farnborough
Hampshire
GU14 6DU

Executive Headteacher: Mrs Clare Wright

Tel: (01252)544155 ~ Fax: (01252)513712
Email: adminoffice@st-marks.hants.sch.uk
Website: www.stmarkscofe.co.uk

3rd June 2025

Dear Parents and Carers,

Relationship and Sex Education

The RSE curriculum is taught to all year groups across the school. Relationships and Sex Education is taught at an appropriate level, in a caring and sympathetic manner, by class teachers who will deal with issues as and when they arrive.

Aspects of sex education which are found within the Science coverage of the National Curriculum must be taught in accordance with the 1993 Education Act.

Parents have the right to withdraw their children from the elements of sex education which are not required as part of the National Curriculum. Request for withdrawal must be put in writing to the Headteacher.

At St Mark's, we use Corum Education SCARF (Safety, Caring, Achievement, Resilience and Friendship), a programme centred on the 'Growth Mindset' approach, promoting positive behaviour, mental health, wellbeing, resilience and achievement - crucial for children to achieve their best, academically and socially.

For your information, each year group will cover the following modules during Healthy Week which is w/c 23/6/25:

Ruby Class:

- Life Stages: Human life stage – who will I be?
- Where do babies come from?
- Getting bigger
- Me and my body – girls and boys

Emerald Class:

- Haven't you grown!
- My body, your body
- Respecting privacy
- Some secrets should never be kept

Sapphire Class:

- My feelings are all over the place!
- All change!
- Preparing for changes at puberty
- Together

Diamond Class:

- I look great!
- Media manipulation
- Pressure online
- Helpful or unhelpful? Managing change
- Is this normal?
- Making babies **Year 6 only**

Should you wish to discuss teaching resources that will be used during these sessions, please contact the school office and I will contact you to arrange an appointment.

Kind regards,

Mrs Smith
Senior Teacher