

Week 1 Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Margherita Pizza Allergens- Wheat, Milk	Vegan Bolognaise Allergens- None	Mac N Cheese & Kale Allergens- Pasta- Wheat, Cheese Sauce- Wheat, Milk Mustard	Sweet Potato & Chickpea Curry Allergens- Milk	Cheese & Tomato Quiche Allergens- Milk, Wheat, Egg, Barley
Main meal 2	Roasted Vegetable Pasta Bake Allergens- Wheat, Milk	Beef Spaghetti Bolognaise Allergens- Spaghetti- Wheat	Roast Chicken, Yorkshire Pudding, Stuffing & Gravy Allergens:- Stuffing- Wheat Yorkshire Pud- Wheat, Milk, Egg Potatoes- Sulphites	Southern Fried Chicken Burger Allergens: Bun- Wheat Chicken- Wheat, Celery	Battered Fish Allergens- Wheat, Fish,
Side Dish	Potato Wedges Broccoli Allergens- None	Pasta Peas Allergens- Pasta- Wheat	Roast Potatoes Carrots & Broccoli Allergens- Potatoes- Sulphites	Paprika Potatoes Roast Vegetables Potatoes- Sulphites	Oven Baked Chips Baked Beans Allergens- None
Jacket Potato Bar	Jacket Potato Beans Cheese Allergens- Cheese- Milk	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg
Greenhouse Greens	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya
Lunch- vegan alternative dessert	Oaty Fruit Crunch Allergens:- Wheat, Oats Fruit Salad Allergens- None	Apple Crumble & Custard Allergens:- Wheat Custard - Milk Fruit Salad Allergens- None	Apricot Crumble Cookie Allergens- Egg, Sulphites, Wheat, Oats Fruit Salad Allergens- None	Courgette Cake Allergens: Milk, Egg, Wheat Fruit Salad Allergens- None	Chocolate Mousse with Banana Allergens- Milk Fruit Salad Allergens- None



Week 2 Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Tomato Pasta Allergens- Wheat, Barley	Quorn, Broccoli & Tomato Pasta Bake Allergens- Milk, Wheat	Mac N Cheese with Cauliflower Allergens- Milk, Wheat, Mustard	Veggie Sausage in a Roll Allergens- Roll-Wheat Sausage- Wheat Ketchup- Celery	Halloumi Wrap Allergens- Egg, Wheat, Milk
Main meal 2	Vegan Sausage Roll Allergens: Wheat, Sulphites	Chicken Curry Allergens-	Sausage, Mash & Onion Gravy Allergens- Sausages- Wheat, Soya, Sulphites Mash- Milk, Sulphites	Cheeseburger Allergens: Burger- Wheat, Sulphites Roll- Wheat, Sesame Burger cheese- Milk Burger Sauce- Egg	Fish Wrap Allergens- Wheat, Fish,
Side Dish	Mashed Potato Cauliflower & Broccoli Allergens- Cauliflower & Broccoli- Wheat, Soya Mashed Potato- Milk & Sulphites	Rice Corn on the Cob Allergens- None	Roast Potatoes Peas & Cabbage Allergens- Potatoes- Sulphites	Potato Wedges Sweetcorn Allergens- None	Oven Baked Chips Baked Beans Allergens- None
Jacket Potato Bar	Jacket Potato Beans Cheese Allergens- Cheese- Milk	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg
Greenhouse Greens	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya
Lunch- vegan alternative dessert	Apple Flapjack Allergens- Oats, Sulphites	Jam & Coconut Sponge with Custard Allergens: Sponge- Egg, Sulphites, Wheat Custard- Milk	Apple & Banana Cake Allergens- Egg, Wheat, Milk, Sulphites	Cornflake Cookie Allergens: Barley, Wheat, Soya	Chocolate Shortbread Allergens- Wheat
	Fruit Salad Allergens- None	Fruit Salad Allergens- None	Fruit Salad Allergens- None	Fruit Salad Allergens- None	Fruit Salad Allergens- None

Week 3 Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Garden Vegetable Curry Allergens- None	Vegetable Lasagne Allergens- Milk, Wheat	Broccoli & Leek Pasty Allergens- Egg, Wheat, Milk, Sulphites	Shepherdless Pie Allergens- Soya, Sulphites	Potato, Leek & Cheddar Slice Allergens- Wheat, Egg, Milk, Mustard, Sulphites
Main meal 2	Mac N Cheese Allergens: Wheat, Milk, Mustard	Beef Lasagne Allergens: Wheat, Milk	Roast Gammon Allergens:- Sulphites	Shepherds Pie Allergens: Barley, Fish, Sulphites, Milk	Fish Fingers in a Roll Allergens- Wheat, Fish, Sesame Mustard, Egg
Side Dish	Potato Wedges Green Beans Allergens- None	Potato Wedges Corn on the Cob Allergens- None	Roast Potatoes Green Beans & Carrots Allergens- Potato- Sulphites	Green Beans Sweetcorn Allergens- None	Oven Baked Chips Baked Beans Allergens- None
Jacket Potato Bar	Jacket Potato Beans Cheese Allergens- Cheese- Milk	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg	Jacket Potato Tuna Mayo Beans Cheese Allergens- Cheese- Milk Tuna Mayo- Fish, Egg
Greenhouse Greens	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya	Lettuce, Tomato, Cucumber, Pasta, Grated Carrot & freshly Baked Bread Aller gens: Pasta- Wheat Bread- Wheat, Milk, Soya
Lunch- vegan alternative dessert	Oaty Fruity Cookie Allergens:- Oats, Wheat Fruit Salad Allergens- None	Chocolate Cake & Custard Allergens: Cake- Wheat, Egg Custard- Milk Fruit Salad Allergens- None	Shortbread Allergens: Wheat, Milk Fruit Salad Allergens- None	Peaches in Jelly with Cream Allergens: None Fruit Salad Allergens- None	Chocolate Brownie with Beetroot Allergens: Wheat & Egg Fruit Salad Allergens- None