



YOUNGMINDS

Hello Yellow

FRIDAY 10 OCT

Monday 22nd September 2025

Dear Parents/carers,

This year we will be taking part in 'Hello Yellow' on Friday 10th October for World Mental Health Day. We are supporting 'Hello Yellow' to raise awareness and funds for Young Minds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why 'Hello Yellow' matters. We are taking this opportunity as a school community to come together and show our students that we are with them and they are never alone with their mental health.

We will be taking part by encouraging everyone to wear something yellow on the day (it can be an accessory or a piece of clothing). If you do not have anything yellow we have yellow stickers in school which we can give to the children. You can also donate to support Young Minds by clicking on the link: [YoungMinds : Donate](#)

Most importantly, we want to share the resources which Young Minds offer to support parents and carers if you ever need help and advice to support your child/children. This includes:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

If you ever have any concerns about the mental health of your child/children please do come and speak to us, we want to work together to support you all.

Yours sincerely,

Rachel Jones (DSL and Deputy Headteacher)