

# St Mark's C.E. Primary School

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St Mark's C.E. Primary School



Living & Learning Together

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23<sup>rd</sup> March 2026

Dear Parents and Carers of Sapphire Class,

On Monday 20th April Sapphire Class are going to be having some Wellbeing Workshops led by Employee Volunteering. Please see the information below about the session:

Employee Volunteering are excited to let you know that our upcoming Wellbeing Workshop will be taking place at St Marks School on Monday 20th April. During the session, children will explore a range of age-appropriate activities designed to support their physical, emotional, and mental wellbeing, including creative exercises and group tasks. Volunteers will guide the children around different stations, helping them learn tools and strategies to support their wellbeing. We're looking forward to a fun and engaging session!

Mrs Smith will be liaising with Employee Volunteering so that the activities are matched to and mirror the PSHE curriculum we have in school.

During the session Employee Volunteering would like to take photos which may be used on their website and social media channels to showcase the event and the activities they run. If you are happy for your child to be in these photos please log on to Scopy and give permission by Tuesday 14th April.

Best regards,

Rachel Jones  
Deputy Headteacher and DSL  
St Mark's Church of England Primary School  
Farnborough

