



St Mark's C.E. Primary School

Queens Road
Farnborough
Hampshire
GU14 6DU

Headteacher: Miss Vicky Ellis

Tel: (01252)544155 ~ Fax: (01252)513712
Email: adminoffice@st-marks.hants.sch.uk
Website: www.stmarkscofe.co.uk

Dear Parents and Carers,

Every November schools throughout the United Kingdom take part in Anti-Bullying Week. This is an opportunity to shine a spotlight on bullying and consider the steps we can take together to stop it. Anti-Bullying Week 2023 is taking place from Monday 13th to Friday 17th November this year and it has the theme 'Make a Noise about Bullying'. At St Mark's this forms an important part of our PSHE curriculum. The children will take part in many activities during the week, which are detailed below:

Monday	Odd Socks Day (Celebrating uniqueness) Please come to school wearing odd socks, the brighter, the better! Anti-Bullying Alliance assembly - Make a Noise about Bullying
Tuesday	Kindness Worship - Rev. Stephen
Wednesday	NSPCC Anti-bullying Assemblies Online safety sessions
Thursday	Thoughtful Thursday mindfulness and wellbeing
Friday	Children in Need - Burpee Challenge On Friday 17 th November T-Set will be donated to Children in Need. If you would like to make an additional contribution please send the money in with your child's T-Set money.

As well as the above activities, each class will undertake a series of PSHE SCARF lessons, focusing on friendship and feelings.

YrR	Yr1/2	Yr3/4	Yr5/6
Same and Different I am a friend Looking after my friends	Unkind, tease or bully. It's not fair Who can help?	Friends are special Our friends and neighbours Zeb Let's celebrate our differences	Spot bullying Happy being me The land of the red people Is it true?

We have included a parent's guide for further information about how to talk with your child about bullying and positive relationships. If you have any questions please do not hesitate to contact us.

Kind regards

Mrs Smith