



St Mark's C.E. Primary School

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Headteacher: Miss Vicky Ellis

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14th June 2024

Dear Parents and Carers,

Relationship and Sex Education

The RSE curriculum is taught to all year groups across the school. Relationships and Sex Education is taught at an appropriate level, in a caring and sympathetic manner, by teachers who will deal with issues as and when they arrive.

Aspects of sex education which are found within the Science coverage of the National Curriculum must be taught in accordance with the 1993 Education Act.

Parents have the right to withdraw their children from the sex education provided, **except** that which is required as part of the National Curriculum. Request for withdrawal must be put in writing to the Headteacher.

At St Mark's, we use Corum Education SCARF (Safety, Caring, Achievement, Resilience and Friendship), a programme centred on the 'Growth Mindset' approach, promoting positive behaviour, mental health, wellbeing, resilience and achievement - crucial for children to achieve their best, academically and socially.

For your information, each year group will cover the following modules during Healthy Week which is w/c 24/6/24:

Ruby Class:

- Me and my body – boys and girls
- Where do babies come from?
- Getting Bigger

Emerald Class:

- Then and now
- Taking care of a baby
- Keeping privates private



Sapphire Class:

- Body Space
- None of your business!
- My changing body

Diamond Class:

- Growing up and changing bodies
- Changing bodies and feelings
- Help! I'm a teenager – get me out of here!
- Making Babies (Year 6 only)

Should you wish to discuss teaching resources that will be used during these sessions, please contact the school office and I will contact you to arrange an appointment.

Kind regards,

Mrs Smith
Senior Teacher